

Seven Palms Villa

The perfect way to
vacation in Jamaica!

www.SevenPalmsVilla.com





Did you know?



The lignum vitae, or iron wood, tree produces the hardest wood known to man. It also blooms a beautiful flower that is the national flower of Jamaica. Seven Palms has two lignum vitae trees in the yard.

Welcome to Seven Palms

Seven Palms is a beautiful 4 bedroom 5 bathroom Jamaican villa set on a two acre manicured estate bordering the Runaway Bay Golf Course. The estate is covered with a wide variety of flowering and fruit trees, including: mango, ackee, bread fruit, pomegranate, coconut, sour sap, naseberry as well as loads of banana and pineapple plants. This villa boasts all of the touches expected of a luxury home: air conditioned bedrooms each with in-suite bathrooms, wireless internet access, flat-screen TV's, DVD players as well as a fresh water swimming pool.

This villa is used exclusively during the summer months by Animal Camp Jamaica, a teen travel program with an emphasis on marine biology and island exploration. During the programs off-season the villa is available for rental. It is an ideal location for a family vacation. The villa is in a safe location with lots of space and amenities for large families.

The Villa is just a short walk from the Beach. The beach offers shade trees, lounge chairs, tables, bathrooms and showers. There is also a great reef just off shore which provides an inspiring location to snorkel and scuba dive.

Seven Palms comes fully staffed. Our Villa staff will see to your every need. They will keep the Villa clean and tidy, do your laundry, prepare, serve and clean up meals, complete any needed pool and yard maintenance as well as serving as your personal driver. Rental of Seven Palms includes the use of our van and driver for your stay. Our Driver will pick you up from the airport on the first day of your stay and take you any where you want to go for the duration of your visit.

Table of Contents

Introduction	2
Map of the Island	3-4
Villa Accommodations	5-6
Bedrooms	7-8
Villa Staff	9
Villa Estate	10
Beaches	11-12
Jamaican Attractions	13-16
Common Questions	17-18



The Martins

We're the Martins! We own and operate two children's camps, Cub Creek Science Camp and Animal Camp Jamaica, the latter of which is run right here at Seven Palms during the summer months. We have been vacationing in Jamaica for years and offer our Villa for others to enjoy this beautiful tropical paradise

Jamaica

We relieve the stress of finding your own ground transportation by providing you our own personal van and driver. This will give you the opportunity to explore this breath taking Caribbean Paradise without the hassle of negotiating fees and schedules. Our driver is available to show you all the local attractions.

Upon arrival in Jamaica, you will be greeted by our driver. Your party will be comfortably transported using our private air conditioned van, directly to Seven Palms Villa. The drive will take about an hour along Queens Highway, which runs along the coast and offers beautiful views of the ocean on your left and mountains on your right. We feel that this is a wonderful first introduction to the island.

Did you know?

125 species of birds nest in Jamaica. The Yellow-Billed Parrot is one of the 28 species of bird found nowhere else on Earth!



Did you know?

This highest point in Jamaica sits atop the Blue Mountains at a height of 7402 ft. This is the home of Jamaica's Blue Mountain Coffee, one of the island's largest exports



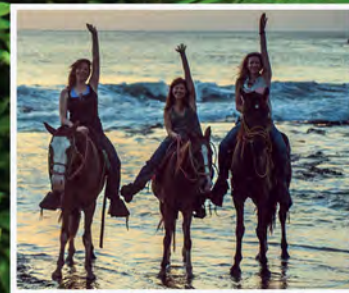
Luminous Lagoon



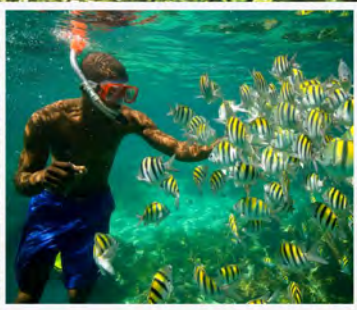
Bamboo Rafting



Kayaking



Horseback Riding



Snorkeling



SCUBA Diving



Chukka Cove



River Tubing

Seven Palms Villa is located in Runaway Bay, less than 50 minutes from the Montego Bay Airport.

Falmouth

Runaway Bay

Ocho Rios

Brown's Town

Blue Mountains

Kingston

Caribbean Sea



Dunn's River Falls



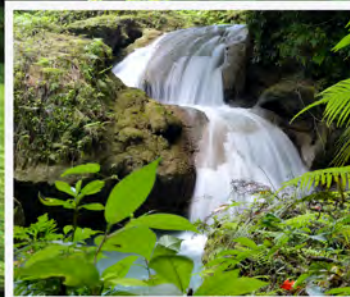
Mystic Mountain



Produce Market



Craft Market



Blue Hole



Dolphin Cove

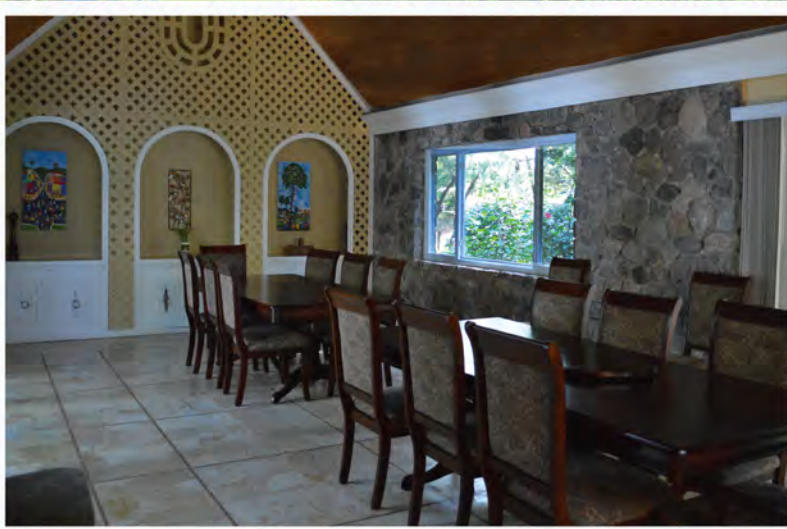
Villa Details

During your stay at Seven Palms Villa, it is important to us that your vacation is as relaxing and care-free as possible. We provide everything needed to make your stay hassle-free and comfortable like a laundry service and bath and pool towels so that you may use the luggage space needed to pack those items for the memories you will take home from your trip.



Villa Amenities

- Four air-conditioned bedrooms
- Air-conditioned living room
- Use of van and driver
- Freshwater pool
- Two acre fenced estate
- Hammocks and lounge chairs throughout
- Computer
- High-speed Internet with wireless network
- Cable television in bedrooms and living room
- Large DVD collection
- Wide variety of books and family board games
- Free laundry service
- 5 minute walk to the beach
- Free access to private beach club
- Exclusive use of Jamaica Breeze private beach
- Access to kayaks, snorkeling and fishing equipment
- Golf Privileges at Runaway Bay Golf Course
- Tennis and Basketball court
- Daily housekeeping
- Food shopping and meal preparation upon request



Meals

Most guests enjoy allowing our cooks to prepare fantastic meals and desserts while they sit back, relax and enjoy the beauty that the villa has to offer. Our staff can prepare all your meals with the menu and times that you specify. Do you enjoy cooking? No, problem! You are welcome to use our well equipped kitchen for all your cooking pleasures. Our kitchen is a modern chef's kitchen with gas appliances, a griddle, a fryer and a six burner stove. All the cooking appliances, pots, pans, and bowls are available for your use. Our staff will even assist with clean up.

If you would like to experience a trip to an authentic Jamaican grocery, you may choose to go to Brown's Town's produce market or our local grocery store, L&M. At Brown's Town, you'll be able to buy the freshest local fruits and vegetables. L&M is just a short drive from the villa and has everything you'll need while you're staying at Seven Palms. You are free to ask our staff to pick up things you may need while you're staying with us.

Did you know?

Patties are a traditional Jamaican fast food. They are as popular here as hamburgers are in the United States.



Your safety and sense of security while in Jamaica is very important to us. To ensure that you are not only safe, but also that you feel safe we have a full surveillance system, a completely fenced estate, and motion sense security lights around the perimeter of the yard. We also have a staff member who lives in the staff quarters located on the property as well as two dogs that roam the property at night.

Bedrooms

All of our bedrooms offer all the comfort of home with king sized beds, private bathrooms, flat screen TVs and air conditioning. King beds may be replaced with up to two twin bunk beds, sleeping four to a room, upon request. There is also a wall safe available to store your valuables.



Peacock Room

The Peacock Room is our second Master Suite. (The first Master belongs to the owners and is not available for rental.) The room offers a walk out porch with private seating as well as a large two person shower in the bathroom.



Garden Room

Our Garden Room is the first room you come to when you enter the courtyard and offers a beautiful view of the front yard and the Palm trees for which the villa was named. It also offers a bathtub in its bathroom.



Butterfly Room

The Butterfly Room sits next to the Dolphin Room and offers a spectacular view of our side yard. From this room, hummingbirds can be seen drinking from the numerous hibiscus flowers.



Dolphin Room

The Dolphin Room offers a similarly beautiful view of our side yard. The plush mattress and air-conditioning are sure to provide a great night's sleep.



All of Seven Palms' bedrooms are arranged around an open courtyard with a lovely fountain that is landscaped with fruit trees, aloe vera and cacti.

Did you know?

The Doctor Bird is the national bird of Jamaica and is one of 320 species of hummingbirds and is only found on the island of Jamaica.



Reading Nook and Craft Corner

Situated between the Hummingbird and Garden Room is our reading nook and crafters corner. We offer a wide variety of books for you to enjoy ranging from local flora and fauna to inspirational and cook books. This is also a great place to paint, draw, crochet or just sit and enjoy the courtyard and fountain.

Sports Equipment Closet

The villa offers a tennis court with basketball nets. Tennis rackets and balls as well as basketballs, volleyballs, frisbees and other sporting equipment is available for your use. Just let us know of your interest and we will be happy to get these things out for your enjoyment.

Seven Palms Staff

The staff at Seven Palms really add to the experience of Jamaica. They are friendly and very accommodating. They will try to make your experience the best possible, so if you want anything during your stay at Seven palms, just ask!

Brenda and Tina Cooks and Housekeepers

Brenda and Tina are the cooks and housekeepers here at Seven Palms Villa. If you're traveling with children, they may also be nannies if needed. Both Brenda and Tina's mothers worked at the villa since it was built, making them second generation staff members for Seven Palms.



AJ Driver

During your stay at Seven Palms Villa, AJ will transport you to all locations off the estate. He will be the first face you see when you arrive into Jamaica at the airport. AJ has worked for the Martins for several years and is a safe and trusted driver.



Zachary and Sylvan Groundskeepers

We take pride in the appearance of Seven Palms Villa. We have two full-time Groundskeepers. Zachary is the son of Brenda and is a third generation staff member for the villa! Sylvan lives in the Staff Quarters of the villa and is available after hours if needed. He ensures the safety of the property year round.



Suzzette Property Manager

Suzzette is available to help in any way needed. While she doesn't work at the villa on a daily basis she is only a phone call away. Her job is to coordinate all of the staff's daily schedules and job assignments.



Seven Palms Estate

Did you know?

Pineapple is just one of the 30 kinds of fruit growing on the property!



Grounds

Seven Palms has a lush yard with as much diversity as a small botanical garden. We have fruit trees like mango, ackee, pomegranate, coconut, and neese berry surrounding the house. The property has a wide variety of blooming flowers as well, like hibiscus, orchids, poinciana and bougainvillea. We've also got many trees that are perfect for reading or taking a nap under. The villa has a tennis and basketball available on the grounds. A volleyball net may also be set up upon request.



Pool

Our freshwater pool has both a deep and shallow end. The pool is child friendly, as access to the pool can be limited by closing two gates at the pool steps. The almond trees on the east end of the pool patio provide ample shade for both swimmers and loungers. Sun-lovers need not worry, there are plenty of areas around and in the pool where you can enjoy the full sun! As you walk along the pool deck, be sure to take notice of the wide variety of orchids growing on the almond trees.



Lounging

Around the pool and grounds we have plenty of seating for a relaxing day. Enjoy reading by the pool in our lounge chairs, taking a nap in a hammock under a palm tree or just enjoying the scenery in hammock chairs. Inside there are several couches and chairs available for seating. There is more than enough for everyone!

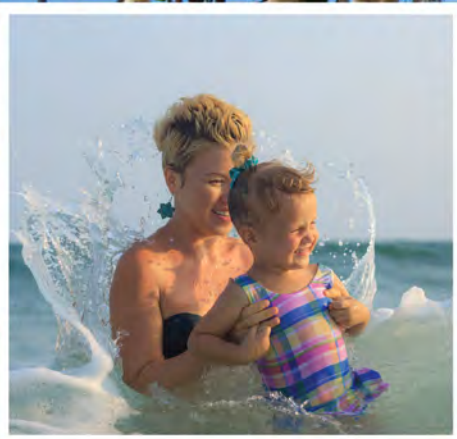


Beaches

There are two beaches that are close to Seven Palms Villa. Each beach offers a different experience, so when choosing what beach you'd like to visit for the day, you'll want to decide what adventures you'd like best. Cardiff Hall Beach is just a short walk from the villa and has great waves to play in and has access to many water activities like jet skiing, kayaking, fishing and glass bottom boat rides. Our private beach, Jamaican Breeze Beach, is about a mile down the road. Because this beach has extensive reef just off shore, the beach has very few waves. This makes the beach perfect for snorkeling! The beach also has many shade trees and private hammocks for relaxing.

Cardiff Hall Beach

This beach is a members only, private beach club with exclusive access to members of the Cardiff Hall Beach Club. On the property there are BBQ pits and picnic tables, bathrooms and outdoor showers, and lounge chairs available for rent. Just a short walk from the beach is a beach side restaurant and many vendors.





Jamaican Breeze Beach

Jamaican Breeze is the name reserved for our future Jamaican Villa. This three acre beach property offers a beautiful private beach experience. At this location, you'll be able to do plenty of relaxing in hammocks and beach chairs. This beach is also ideal for smaller children as the waves are very small and calm. The pocket reefs located near to shore is a great place to snorkel. Kayaks are also available for your use at this beach. While you are on the beach, you may even see a local fisherman from whom you can buy a fresh snapper or lobster for your evening meal. Fresh water and a shower is available at Jamaican Breeze .



Did you know?

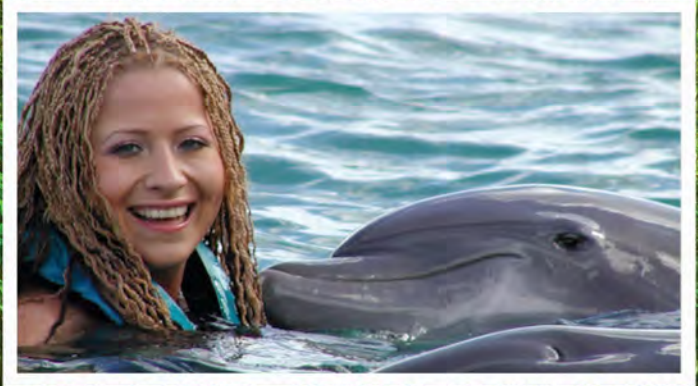
Sea grapes and passion fruit grow along our Jamaican Breeze Beach and make a tasty afternoon snack!



Jamaican Attractions

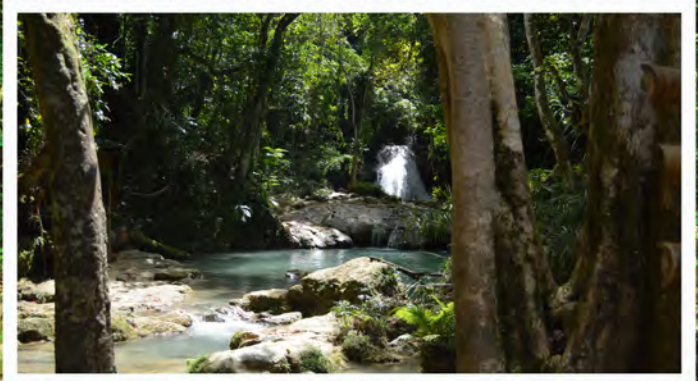
Dolphin Cove

This magnificent property has a natural cove surrounded by 5 acres of lush rainforest. Visitors have the opportunity to learn about and swim with dolphins. At Dolphin Cove, you'll also be able to snorkel and interact with stingrays, barbs removed, handle exotic snakes and birds along the Jungle Trail, and enjoy a reef touch tank and entertaining shark show.



Blue Hole

Tranquil and awe-inspiring, the Blue Hole is a favorite destination in Jamaica. Named after its unbelievably blue water, the Blue Hole is a waterfall, lagoon, and lush rainforest experience all in one! Take a swing from a rope into one of the several lagoons on the vast property and take in the breath-taking scenery.



Dunn's River Falls

Close to the town of Ocho Rios, Dunn's River Falls is easily one of the most iconic Jamaican waterfalls. Led by a guide, you will make a 600 foot climb to the top of the rock. Be sure to bring your camera as Dunn's River Falls' clear waters and natural beautiful rock formations make it a must see when visiting Jamaica!



River Rafting

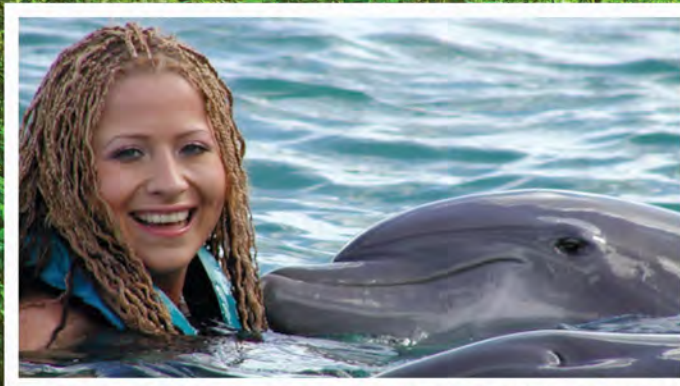
The Rio Bueno River is only 15 minutes from Seven Palms and offers many river adventure experiences. You could spend the day floating in an inner tube, zooming down the river on a river board, hitting the rapids in a kayak, or taking a group trip down the river in a river raft!



Jamaican Attractions

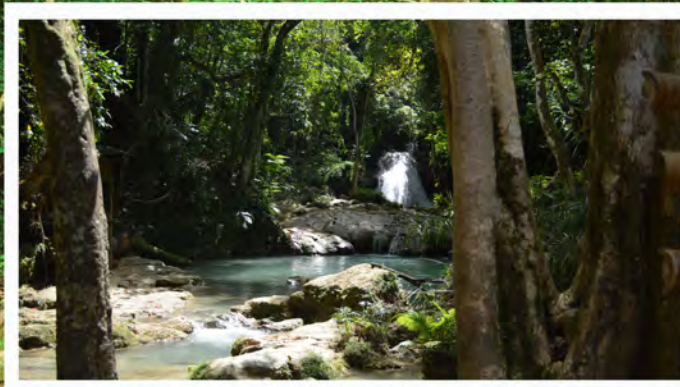
Dolphin Cove

This magnificent property has a natural cove surrounded by 5 acres of lush rainforest. Visitors have the opportunity to learn about and swim with dolphins. At Dolphin Cove, you'll also be able to snorkel and interact with stingrays, barbs removed, handle exotic snakes and birds along the Jungle Trail, and enjoy a reef touch tank and entertaining shark show.



Blue Hole

Tranquil and awe-inspiring, the Blue Hole is a favorite destination in Jamaica. Named after its unbelievably blue water, the Blue Hole is a waterfall, lagoon, and lush rainforest experience all in one! Take a swing from a rope into one of the several lagoons on the vast property and take in the breath-taking scenery.



Dunn's River Falls

Close to the town of Ocho Rios, Dunn's River Falls is easily one of the most iconic Jamaican waterfalls. Led by a guide, you will make a 600 foot climb to the top of the rock. Be sure to bring your camera as Dunn's River Falls' clear waters and natural beautiful rock formations make it a must see when visiting Jamaica!



River Rafting

The Rio Bueno River is only 15 minutes from Seven Palms and offers many river adventure experiences. You could spend the day floating in an inner tube, zooming down the river on a river board, hitting the rapids in a kayak, or taking a group trip down the river in a river raft!



Jamaican Attractions

Mystic Mountain

The environmentally friendly Mystic Mountain attraction is an unforgettable rain forest adventure for everyone in your family. Let your inner thrill-seeker take charge on four exhilarating Mystic Mountain activities: the **SkyExplorer**, a state-of-the-art chairlift that takes you soaring 700 feet above the Jamaican rainforest; the **Bobsled Ride**, inspired by the famous Jamaica bobsled Olympic team, is a custom-designed, high-tech sled that sends you down a 1000-meter long track installed into the side of the mountain; the **Canopy Zip Line**, with seven (7) platforms, six (6) Zip lines averaging nearly 100 meters in length, one 10-meter vertical rappel descent, and one 25-meter suspension walking bridge, the zip line is sure to excite; and the unique **Mystic Waterslide!**



Coyaba's Garden

A lush, year round botanical garden, Coyaba's Garden is a beautiful experience for all visitors of Jamaica. See all the natural wonders Jamaica has to offer including the larger than life banyan trees with roots and branches so large and sturdy it's a natural jungle gym!



Prospect Plantation

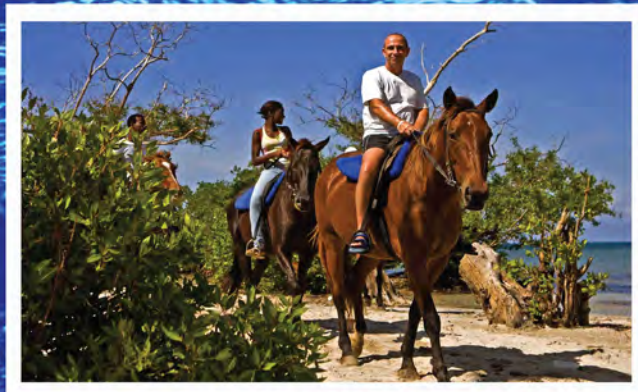
Located in Ocho Rios, Prospect Plantation has a variety of activities for all visitors to partake in. Enjoy learning about Jamaica's oldest plantation estates and take a tour of the grounds on Segways! Prospect Plantation also offers Horseback riding, off-road explorations on ATVs and Camel rides!



Jamaican Attractions

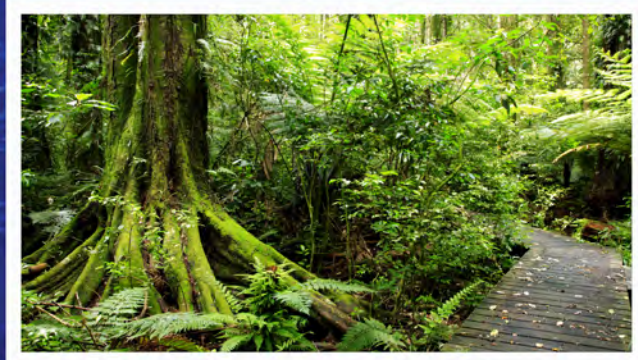
Chukka Cove

Chukka Cove offers a wide variety of tours and activities for everyone! You can choose a guided tour through the jungle and beach on an ATV, horsebacks, dune buggy, jeep or bicycle. You can enjoy river tubing, a glass bottom boat ride or a zip-line adventure through a jungle canopy. Chukka Cove also offers an Appleton Rum tasting experience or a tour through a colonial village to learn about Jamaican history.



Explore Jamaica with AJ

AJ, your driver, makes a great tour guide and loves to show visitors around the island. He knows many places that aren't known or visited by your typical tour company. Because of his connections he can also save you money on some of your tours.



Scuba and Snorkeling

Did you know that you can get SCUBA certified in just three days? If you are already certified there are a wide variety of dive sites close by and a PADI certified dive center right next door to our Jamaican Breeze beach. Jamaican snorkeling is fantastic! Great patch reefs are located just feet from shore. Seven Palms can provide you with all your snorkeling gear and SCUBA gear can be rented from our near-by dive shop.



Golfing

Many people come to Jamaica to golf. There are several golf courses along the north shore of Jamaica, the most convenient being the one right next door, Runaway Bay Golf Course.



Caribbean Evenings

Luminous Lagoon

If you're looking for something amazing, look no further than Jamaica's Luminous Lagoon. Located in Falmouth, just 30 minutes from the villa, this natural phenomena is something you'll never forget. The lagoon is home to millions of microorganisms called "dinoflagelates" that contain the ability to glow with bioluminescence. Jump into this shallow, warm lagoon and watch as the water glows bright blue with any movement!



Dining Out

We love all the home cooked meals prepared by Brenda and Tina at the villa, but you certainly don't want to miss out on some of our delicious local restaurants. Flavors and Sharkies are two sea side restaurants right in Runaway Bay and well worth a visit. Scotchies has the best Jerk in the area. Both Evita's and Spring Garden offer a little more upscale dining experience.



Bonfire on the Beach

Sitting on beach chair around a bonfire while listening to the ocean is a great way to enjoy an evening. If this sounds like something you would enjoy, just let AJ know and he will make all the arrangements. AJ is also a great cook and can make arrangements to cook you a delicious meal on our beach BBQ grill. Our favorite is fresh grilled lobster.



Did you know?

Green Sea Turtles have been known to be able to stay underwater for as long as five hours. Their heart rate can slow down so much that 9 minutes may elapse between beats.



Common Questions

What airport should I fly into?

Montego Bay, Jamaica-which is only 50 minutes from the villa. Transportation to and from the airport is included with the villa rental.

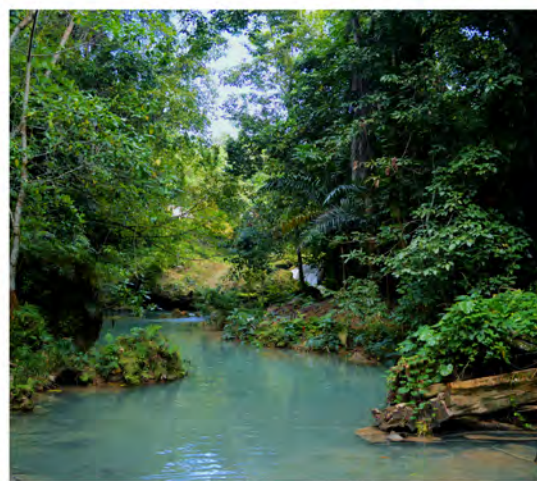
What do I need to travel?

The only item required for travel to Jamaica is a valid passport.



What is the currency in Jamaica?

Jamaican's refer to their money as the Dollar. The Jamaica \$100 bill is almost equal to our US \$1 bill. Our staff are happy to help you exchange your money for Jamaican currency. However, we have not met anyone who was not ready take US dollars. NOTE: Do not exchange your money at the airport, as the exchange rates are unfavorable



How will I get groceries?

L&M Grocery and Meats is a grocery store just a short drive from the villa. You are more than welcome to shop for your own food during your stay, however, Brenda and Tina are available to do all grocery shopping for you. L&M is also happy to set up an account for you which will allow you into pay for groceries just once or twice during your stay and charge it to your US credit card.





Why Seven Palms?

There's no better way to experience a beautiful island than to stay at a beautiful villa. We at Seven Palms Villa will give you direct access to staff who have an intimate knowledge and love of the island. We vacation here too! We can put you in contact with the best people, best restaurants, best attractions, and the best of everything you are looking for.



What makes Jamaica better than other tropical locations?

Jamaica is an English speaking Christian nation with beautiful beaches, friendly people who welcome tourists, lots of unique attractions, great food and clean water. And, let's not forget perfect 80 degree weather year round!

One of our favorite things about Jamaica is the wide variety of unique and delicious fruits. Fruits from all over the world grow in harmony in Jamaica's tropical climate and provide a spectrum of wonderful tastes to enjoy. One example would be the dozens of different kinds of bananas, many of which grow right on the Seven Palms Estate. Our favorite types are the small 'apple banana' and the giant 'black todd'. If you are up for a little authentic Jamaica, ask AJ (your driver) to take you by Peter the "Banana Man" and have him teach you the "banana dance". You will be sure to have a good laugh!



How do I make a reservation?

Simply give us call or send us an email with your desired date of arrival and departure and how many people will be staying at the villa. All that is required is a 20% deposit at the time of your reservation. Full payment is needed 60 days prior to your arrival date.

Seven Palms Villa

Business Office:
16795 State Route E
Rolla, MO 65401
(573) 458-2125

SevenPalmsVilla.com



Did you know?

Christopher Columbus was the first European to visit Jamaica in 1494 and called it "the fairest land that eyes have beheld."